



# **ESSENTIAL HOMEOPATHY**

**An One Year Course  
in Hong Kong 2015**

presented by  
Hong Kong Academy of Homeopathy

web: [www.homeopathyhk.academy](http://www.homeopathyhk.academy)

# ESSENTIAL HOMEOPATHY - An One Year Course in Hong Kong 2015

## 1. Aim

To provide a deep understanding of homeopathy according to Dr Samuel Hahnemann and a solid foundation on the principles and practice of homeopathy.

## 2. Description

This one-year course is an all-round foundation course providing students with knowledge and competence in various aspects of homeopathy:

### 2.1. Philosophy

The Organon of Health Arts by Hahnemann is the very root of homeopathy. We'll learn in depth the cardinal principles from The Organon. Law of Similia. Principles of Simplex, Minimum, Remedy Proving, Chronic Diseases, Vital Force, and Dynamisation.

### 2.2. Materia Medica

We'll cover about 100 remedies including their spheres of action, mentals, physical generals, modalities, organ and tissue affinities. Group analysis and differential diagnosis will also be included. Illustrated with real cases.

### 2.3. Case Analysis / Repertorization

How to take a complete case, acute or chronic? What are the 'characteristic' symptoms of a case / remedy? We'll be using both the Kent's Repertory (and Complete Repertory), as well as Boenninghausen's Therapeutic Pocketbook Method.

### 2.4. Body systems

This section discusses the basic anatomy & physiology, and most common pathologies of each body systems. Remedies and rubrics most relevant to particular organ systems / pathologies are discussed. We'll cover: skin, respiratory, gastro-intestinal, musculoskeletal, urinary, reproductive, cardiovascular, endocrine, nervous and special senses systems.

**2.5. Critical thinking:** a critical mind in homeopathy and the healing arts for further professional education in homeopathy;

**2.6. Classics:** an appreciation of the classic materials in homeopathy (The Organon, MM Pure, etc)

**2.7. Further Studies.** The motivated and painstaking student on completion of this course should have a good mastery on the principles of Hahnemannian homeopathy as well as the knowledge and methodology to prescribe in most common acute and chronic conditions. While professional homeopathy courses in other countries ranges from three to six years of full-time studies, our expectation is that you learn the best from the root (The Organon and the Hahnemannian tradition) from this very condensed, high quality learning experience and shall thus grow strongly. Homeopathy is an art of long-life learning. We encourage students to continuously study and refine their knowledge, skill and soul to be a great homeopath.

### 3. Who is this course for:

- Anyone (laymen) who wants to have a deeper and solid understand in homeopathy.
- Medical doctors, naturopaths, TCM practitioners, physiotherapists and other therapists who want to use homeopathy in their clinical practice.
- Recently graduated homeopaths who wants to sharpen their skills and knowledge in the homeopathic process.

While our “Homeopathy for Family” course series (HOM101, 121, 151, 152) focus on the 'homeopathic therapeutics' (prescribing for acute and local affections), this one-year course deals with both acutes and chronics in a 'constitutional' approach.

### 4. Class Dates

Classes will be conducted Tuesdays, 18:45-21:45.

Trimester One: 8th Sep – 15<sup>th</sup> Dec 2016 (15 weeks)

Trimester Two: 5th Jan – 22<sup>nd</sup> Mar 2016 (11 weeks)

Trimester Three: 12h Apr – 12<sup>th</sup> Jul 2016 (14 weeks)

(In case of any cancellation due to unforeseen circumstances such as weather or lecturer reasons, make-up session(s) will be held on the same class hours after each trimester.)

Total 40 sessions x 3 hrs = 120 lecture hours

We expect 3-12 hours of home-study per week to fully grasp the materials. The exact amount of home-study depends on your level of education in human health, homeopathy and English language, and your ambition to learn.

### 5. Lecturers

**Dr Manisha Lakhekar** BHMS. She holds her Bachelor of Homeopathic Medicine &

Surgery from Nashik University (India), post graduate Certificates in Child Health (CCH) and Obstetrics & Gynecology (CGO) from Hahnemann College of Homeopathy (London). She is registered with the Homeopathic Medical Council of India. She has been teaching homeopathic and medical students as well as laymen since her second year BHMS. Her teaching always inspires and instills confidence in the students. Manisha will be the principle lecturer for the course teaching Organon, Materia Medica, and Medical Sciences.

**Arden Wong** BBA BHSc, DipHom, CertTCM. Arden has been in full time practice since 2002 based in Hong Kong. He started teaching the popular Homeopathy for Family short course since 2006 and has been writing a homeopathic book in Chinese. Arden holds a degree of Bachelor of Health Science degree and Diploma of Classical Homeopathy (Australia), as well as a Certificate of Traditional Chinese Medicine (HKU-SPACE) and Bachelor of Business Administration (CUHK). He will focus on Boenninghausen's Therapeutic Pocketbook approach in the course.

## 6. Assignments and Assessments

Ongoing and end-of-course assignments and assessment will be given to motivate students to learn actively and to gain confidence. Formats include: case studies, MCQ quizzes, presentations, written assignments, etc.

## 7. Language Medium

English is the main medium in the course (class and texts).

Limited Chinese (Cantonese) support will be provided if necessary.

## 8. Entrance Requirements

1. Good command of English language for tertiary education.
2. a. Completion of HOM101, 121, 151/152 at AWNMC taught by Arden or Manisha; OR  
b. concurrent enrollment in the above classes this Autumn; OR  
c. concurrent enrollment in a homeopathy course of 100+ hours #; OR  
d. completion of 30+ hours learning of basic homeopathy in other institution #
3. Access to computer and internet for online resources and participation in off-class discussions.

(#) Please attach your prior learning details (institution, main lecturers, city, curriculum, certificate of completion / enrollment, number of lecture / home study hours, etc) to apply for recognition of prior learning.

## 9. Course Fee

HK\$24,000 inclusive of: lectures, online forum, lectures notes and some basic textbooks.

1. By installments of HK\$8500, HK\$7750, HK\$7750 before commencement of each trimester respectively.
2. By single payment of HK\$23,000 on or before 31<sup>th</sup> August, 2015.
3. Early-bird special: HK\$19,800 on or before 31<sup>st</sup> July, 2015.

Cheques should be made payable to: “Hong Kong Academy of Homeopathy”.

All money paid are non-refundable, unless course cancelled or significantly re-scheduled / re-structured by the organisers.

**Other investments:** More reference books and softwares – refer to appendix.

## 10. Enquires

All enquiries: [info@gentlemedicine.info](mailto:info@gentlemedicine.info)



## 11. Application Form

**Name :** (Chinese) \_\_\_\_\_ (English) \_\_\_\_\_

**Phone:**(mobile) \_\_\_\_\_ (other) \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Occupation:** \_\_\_\_\_ **Date of Birth:** (y/m/d) \_\_\_\_\_

### **Educational & Professional background**

Attended Course | Educational Institution | Certificate / diploma / degree | Issuing body | Year

### **Are you a clinical practitioner?**

Yes / No. If yes, average \_\_\_\_ hours/days per week. In practice for \_\_\_\_ years

### **If so, your main modalities:**

e.g. homeopathy, Western medicine, TCM, acupuncture, herbal medicine, nutrition, aromatherapy, counseling, physiotherapy, etc?

**Prior learnings to meet the entrance requirements**

a. Completed at AWNMC:

HOM 101 (year: \_\_\_\_\_ ) / planned for his Autumn

HOM 121 (year: \_\_\_\_\_ ) / planned for his Autumn

HOM 151/152 (year: \_\_\_\_\_ ) / planned for his Autumn

b. concurrent enrollment in a homeopathy course of 100+ hours #;

c. completed 30+ hours learning of basic homeopathy in other institution #

(#) Please attach your prior learning details (institution, main lecturers, city / country, curriculum, certificate of completion / enrollment, number of lecture / home study hours, etc) to apply for recognition of prior learning.

**Your expectations on completion of this course**

**Payment Method: (only of one the following)**

1. By three installments of HK\$8500, HK\$7750, HK\$7750 before commencement of each semester respectively.(total: HK\$24,000)

2. By single payment of HK\$23,000 on or before 31st August, 2015.

3. Early-bird special: HK\$19,800 on or before 31st July, 2015.

Bank deposit slip / cash cheque no: \_\_\_\_\_ amount: \_\_\_\_\_ date: \_\_\_\_\_

Cheque payee: “Hong Kong Academy of Homeopathy”

Date : \_\_\_\_\_ Signature : \_\_\_\_\_